



COURSE SCHEDULE UPDATE

ตารางอบรมหลักสูตรประกาศนียบัตรวิชาชีพและหลักสูตรต่อเนื่องระยะสั้น

EDUCATING & EMPOWERING FITNESS PROFESSIONALS



2024 CERTIFICATION COURSES	DAYS	TIME	DURATION	STARTS	ENDS	REGULAR RATE	EARLY BIRD ENDS
MARCH 2025							
Olympic Weightlifting Seminar (Thai) by Iron Hive new group	Sat & Sun	9 am - 4 pm	1.2	1-Mar	2-Mar	8,900	15-Jan-25
Fit® Fitness Nutrition Specialist - Thai by Wiradech	Fri & Sat	9 am - 4 pm	1.2	14-Mar	15-Mar	9,400	28-Feb-25
Sports Massage - Thai by Pimruk & Newton EM Physiology Team new group	Sat&Sun	9 am - 4 pm	0	29-Mar	30-Mar	7,900	15-Mar-25
APRIL 2025							
Balanced Body® Anatomy in 3D - Thai by Apittiya (<i>exclude manual fee 2,600 THB</i>)	Thu-Sat	9 am - 4 pm	1.6	3-Apr	5-Apr	18,900	5-Feb-25
Sports Massage - Thai by Pimruk & Newton EM Physiology Team new group	Sat&Sun	9 am - 4 pm	0	26-Apr	27-Apr	7,900	12-Apr-25
JUNE 2025							
Fit® Pre & Post Rehab Training - Thai by Sompat - CNX <i>at Lion Fitness, Chiang Mai</i>	Thu	9 am - 4 pm	0.6	5-Jun	6-Jun	5,200	22-May-25
ONLINE AND HYBRID COURSES							
Anatomy 101 (Thai Programme)	Teachable		3	when apply	within 1 year	959	
Intro to Health Coaching (English Programme)	" 3 hours ONLINE via Teachable "			when apply	within 1 year	919	-
Intro to Health Coaching (English Programme)	Teachable		2.5	when apply	within 1 year	919	
WORKSHOPS for General Publics							
Healthy Eating Essentials - Thai by Atikarn <i>* For General Public only *</i>	1 Day	9 am - 4 pm	6	TBD	TBD	4,100	TBD
BASIC LIFE SUPPORT (CPR , AED AND CHOKING)							
MORNING sessions: 16 Jan (PT20), 27 Feb (Eng), 5 Mar (PT2), 18 Mar (PT5), 27 Mar (IPT), 2 Apr (PT4), 25 May (PT1), 14 Jun (PT6)	1 Day	9 am - 12pm	3			2,600	2 weeks before
AFTERNOON sessions: 21 Feb (Phuket), 6 May (PT3)	1 Day	9 am - 12pm	3			2,600	2 weeks before
UPDATED :							8-Jan-25